

# Get your superbness recharged here

We are all superb just the way we are, none of us need to change to suit others. But sometimes we need a bit of polish on our super cape, or our super powers boosted to remind us of this. Take a super recharge below for yourself, or hand one to a friend.



Freedom to Feel Fantastic - The Body Image and Self Esteem Campaign  
[www.freedomtofeelfantastic.com.au](http://www.freedomtofeelfantastic.com.au)

*"because we all deserve the right to be who we want to be judgement free"*

A project of the Australian Lions Drug Awareness Foundation Inc

I will love you  
for you, and  
me for me

Our most valued  
traits can't be  
weighed or  
measured

We're so much  
more than the  
skin we're in

Beauty goes  
beyond what  
you can see

Look to the  
inside, not the  
facade

Do your best &  
forget the rest

Self love is  
underrated

Ready to  
embrace my  
uniqueness